

THE FOOTPRINTS
of GOD

JESUS

The Word Became Flesh

LESSON PLAN

IGNATIUS PRESS

JESUS: THE WORD BECAME FLESH

This lesson plan will take you and your class or study group through the video *Jesus: The Word Became Flesh*. Make sure each participant has a copy of the Study Guide, available in each video sleeve or DVD case. (You can make photocopies or download a PDF version if needed).

Additionally, each should have a Bible and a copy of the *Catechism of the Catholic Church*. If you are teaching children, you may wish to excerpt the Catechism.

After each chapter, go through the study questions provided in the guide. You can also follow the additional activities, readings, and activities in this lesson plan.

To purchase *Footprints of God* videos and DVDs, call 1-800-651-1531 or go online to www.ignatius.com. Online resources include downloadable study guides, previews and more.

<http://www.ignatius.com/Videos/FootprintsOfGod>

CHAPTER ONE: IN THE FULLNESS OF TIME

LEADER:

Before this chapter, read:

- Genesis 1 to 3, paying special attention to 3:8 to 3:24.
- John 1:1-5
- Luke 1 to 3
- Matthew 1 & 2
- *The Catechism of the Catholic Church* articles 397 to 409 on Original Sin
- *The Catechism of the Catholic Church* articles 456 to 478, 522 to 534 on the Incarnation
- For shorter readings from the CCC, read articles 413 to 421, 479 to 483, and 561 to 564

THE LESSON:

Introduce the video by having a participant read aloud John 1:1-5. Then start the video. Stop when the title for Chapter Two appears. (25 minutes into the program.)

ADULTS:

As the leader, pick three of the 9 questions in the study guide. Discuss these, having different participants read the questions and the references from the Bible and the CCC aloud.

Using a map (usually contained in most Bibles) trace the route of the Holy Family.

Instruct the participants to read the rest of the questions and references at home.

Close with a recitation of the *Nicene Creed*.

CHILDREN:

As the leader, pick two of the 9 questions in the study guide. Have a child read the references after you read the questions aloud. Answer any questions.

Using a map (usually contained in most Bibles) trace the route of the Holy Family. What might it have been like to live in the time of Jesus? Discuss the places you have just seen in the video.

Suggest trying a recipe at home that the Holy Family might have eaten. Here's a simple recipe for a kosher lentil soup (Steve tells how Mary might have made lentils for Joseph and Jesus to eat after a hard day of work). Print up the recipe for kids to take home.

LENTIL SOUP

1 chopped onion

2 tablespoon of olive oil

Chopped vegetables (celery, carrots)

2 cups uncooked lentils

Salt to taste

1 1/2 quart water

Instructions:

Sauté the chopped onion in oil. Chop vegetables. Add to onion with 1 1/2 quarts water and lentils. Simmer slowly for about 2 hours. Serve with some pita bread, and try using some crumbled goat cheese for topping. This is the kind of food Jesus and his family ate two thousand years ago!

Close with a recitation of the *Nicene Creed*.

CHAPTER TWO: PROCLAIMING THE KINGDOM

LEADER:

Before this chapter, read:

- John 1:19 through chapter 4
- Matthew 3 to 7, 17:1 to 13
- Mark 1 to 4, 6:15 to 43, 9:2 to 8
- Luke 3:1 to 21, 4 through 9
- The *Catechism of the Catholic Church* articles 1213 to 1228 on Baptism
- The *Catechism of the Catholic Church* articles 535 to 556 on The Mysteries of Jesus' Public Life
- For shorter readings from the CCC, read 565 to 568, and 1275 to 1277

THE LESSON:

Introduce the video by having a participant read aloud Mark 1:1 to 11. Then start the video. Stop when the title for Chapter Three appears. (Approximately 53 minutes into the program.)

ADULTS:

As the leader, pick five of the 17 questions in the study guide. Discuss these, having different participants read the questions and the references from the Bible and the CCC aloud.

Using a map (usually contained in most Bibles) trace the route of Jesus and his disciples during Christ's public ministry.

Discuss the sacrament of Baptism, referencing the CCC, paying special attention to 1223 to 1225.

Instruct the participants to read the rest of the questions and references at home.

Close with a recitation of the *Our Father*.

CHILDREN:

As the leader, pick two of the 17 questions in the study guide. Read the questions, and have a child read the references. Discuss and give answers needed.

Who were the first disciples? Talk about this, and trace the route of Jesus' travels in his ministry on a map.

Remember the mosaic of the fishes and loaves that Steve shows us in Tabga? As an activity, have the children make their own images commemorating the miracle of the loaves and fishes.

What did the disciples eat when they traveled with Jesus? Some simple snacks that children can try at home are dried dates, raisins and almonds. These are the types of things that Peter and the other Apostles would have eaten when they stopped for refreshment on the road. Children can try some of these at home, or you could bring some to class for a treat.

End the class by reciting the *Our Father*.

CHAPTER THREE: TO PAY THE PRICE

LEADER:

Before this chapter, read:

- All the accounts of the entry into Jerusalem and the Passion (Matthew 21:1 to 11, and chapters 26 to 27; Mark 11:1 to 10, and chapters 14 to 15; Luke 19:29 to 44, and chapters 22 to 23; John 12:12 to 16; and chapters 13 to 19)
- The *Catechism of the Catholic Church* articles 557 to 560, and articles 571 to 618 on Christ's entry into Jerusalem and Passion
- The *Catechism of the Catholic Church* articles 1406 to 1419 on the Eucharist
- For shorter readings from the CCC, read articles 619 to 623

THE LESSON:

Introduce the video by having a participant read aloud Matthew 21:1-11. Then start the video. Stop when the title for Chapter Four appears. (Approximately 80 minutes into the program.)

ADULTS:

As the leader, pick five of the 18 questions in the study guide. Discuss these, having different participants read the questions and the references from the Bible and the CCC aloud. Pay special attention to the Eucharist.

Pick one of the Gospel accounts of the Passion and read it through, delegating passages to different participants.

End by praying the *Act of Contrition*.

CHILDREN:

As the leader, pick two of the 18 questions in the study guide. Read these questions aloud, and then have a child read the references aloud. Discuss and answer questions.

What is the Eucharist? Explain to the class what the Real Presence means, using the CCC as a reference.

Have each child pick a Station of the Cross to draw.

End by praying the *Act of Contrition*.

CHAPTER FOUR: WE BEHELD HIS GLORY

LEADER:

Before this chapter, read:

- Mark 28
- Matthew 16
- Luke 24
- John 20 and 21
- Acts 1:1 - 11
- The *Catechism of the Catholic Church* articles 638 to 679
- For shorter readings from the CCC, read 656 to 658, 665 to 667, and 668 to 682

THE LESSON:

Introduce the video by having a participant read aloud Mark 16:1-7. Then start the video.

ADULTS:

As the leader, pick five of the 15 questions in the study guide. Discuss these, having different participants read the questions and the references from the Bible and the CCC aloud.

Now that the video is finished, have a discussion of what the impact has been. Have you learned from the video? What has changed in your understanding of who Jesus is?

Pray the Glorious Mysteries of the Rosary, making added effort to meditate on the historical and spiritual reality of the Mysteries. Have a different participant start each decade.

CHILDREN:

As the leader, pick two of the 15 questions in the study guide. Read these questions aloud, and then have a child read the references aloud. Discuss and answer questions.

After Jesus rose from the dead, he sent out his Apostles to spread the good news of the Gospel. Have the children discuss how they can help spread the good news (daily life, being obedient, kindness to siblings, contributing to help the poor, etc.)

End by praying the Glorious Mysteries of the Rosary, which will have greater impact now that the children have seen the video. Have a different child lead each decade, while you give the mystery and meditation.