

THE FOOTPRINTS
of GOD

MOSES

Signs, Sacraments, and Salvation

LESSON PLAN

IGNATIUS PRESS

MOSES: SIGNS, SACRAMENTS, AND SALVATION

This lesson plan will take you and your class or study group through the video *Moses: Signs, Sacraments, and Salvation*. Make sure each participant has a copy of the Study Guide, available in each video sleeve or DVD case. (You can make photocopies or download a PDF version if needed). Additionally, each should have a Bible and a copy of the *Catechism of the Catholic Church*. If you are teaching children, you may wish to excerpt the *Catechism*.

After each chapter, go through the study questions provided in the guide. You can also follow the additional activities, readings, and activities in this lesson plan.

To purchase *Footprints of God* videos and DVDs, call 1-800-651-1531 or go online to www.ignatius.com. Online resources include downloadable study guides, previews and more.

<http://www.ignatius.com/Videos/FootprintsOfGod>

CHAPTER ONE: PREPARING THE PROPHET

LEADER:

Before this chapter, read:

- Exodus 1-4:20
- Hebrews 11:23-27
- The *Catechism of the Catholic Church* article numbers 134-138

THE LESSON:

Introduce the video by having a participant read aloud Exodus 2:1-10. Then start the video. Stop when the title for Chapter Two appears (approximately 23 minutes into the program.)

KEY IDEAS:

God keeps his promises. God promised the land of Canaan to the descendants of Abraham, and he prepares to do so through his prophet, Moses.

In the story of Moses, we see the foreshadowing of Christ. Steve gives examples in the video—are there others that the class can think of?

ADULTS:

As the leader, pick four of the 7 questions in the study guide. Discuss these, having different participants read the questions and the references from the Bible and the CCC aloud.

Using a map (usually contained in most Bibles) trace the route of Moses from Egypt to Midian. Find Mount Horeb on this map.

Instruct the participants to read the rest of the questions and references at home.

Close with a recitation of the *Our Father*.

CHILDREN:

As the leader, pick two of the 7 questions in the study guide. Have a child read the references after you read the questions aloud. Answer any questions.

Using a map (usually contained in most Bibles) trace the route of Moses from Egypt to Midian. Find Mount Horeb on this map.

The Burning Bush is an important symbol in art. Have the children draw their own Burning Bush.

Close with a recitation of the *Our Father*.

CHAPTER TWO: SALVATION FROM SLAVERY

LEADER:

Before this chapter, read:

- Exodus 4:21-5:13, 5:28-15:21
- The *Catechism of the Catholic Church* article numbers 1221, 2574-2557

THE LESSON:

Introduce the video by having a participant read aloud Exodus 15:1-3. Then start the video. Stop when the title for Chapter Three appears (approximately 44 minutes into the program.)

KEY IDEAS:

The slavery of the Hebrews under Pharaoh is seen by the Church as a symbol of the slavery of sin.

The crossing of the Red Sea is seen as a prefiguring of the sacrament of Baptism.

There is also great symbolism in the blood of the lamb in the Passover. Who else is known as a lamb, and what does the blood signify?

ADULTS:

As the leader, pick four of the 10 questions in the study guide. Discuss these, having different participants read the questions and the references from the Bible and the CCC aloud.

Using a map (usually contained in most Bibles) trace the route of Moses and the Hebrews from Egypt to the Red Sea.

Instruct the participants to read the rest of the questions and references at home.

Close with a recitation of Moses' prayer:

*The Lord is my strength and my song,
and he has become my salvation;
this is my God and I will praise him,
my father's God, and I will exalt him.*

CHILDREN:

As the leader, pick two of the 10 questions in the study guide. Have a child read the references after you read the questions aloud. Answer any questions.

Using a map (usually contained in most Bibles) trace the route of Moses and the Hebrews from Egypt to the Red Sea.

Bring in some pictures of Egyptian treasures, so that the children can see what life in Egypt might have been like for Moses.

Close with a recitation of Moses' prayer:

*The Lord is my strength and my song,
and he has become my salvation;
this is my God and I will praise him,
my father's God, and I will exalt him.*

CHAPTER THREE: NOT BY BREAD ALONE

LEADER:

Before this chapter, read:

- Exodus 15:22-16:35, 18:13-27, 19:16-20:17, 32
- The *Catechism of the Catholic Church* article numbers 1539-1544, 2056-2061

THE LESSON:

Introduce the video by having a participant read aloud Exodus 16:2-3. Then start the video. Stop when the title for Chapter Four appears (approximately 69 minutes into the program.)

KEY IDEAS:

The institution of the Hebrew priesthood is a prefiguring of the Catholic priesthood.

The manna in the desert is a prefiguring of the Eucharist.

The giving of the law in the Ten Commandments is the basis for Christian moral teaching. Is the teaching of the Old Testament changed by the teaching of the New Testament? (ref CCC article 2074)

ADULTS:

As the leader, pick five of the 19 questions in the study guide. Discuss these, having different participants read the questions and the references from the Bible and the CCC aloud.

Using a map (usually contained in most Bibles) trace the route of wandering in the wilderness.

Instruct the participants to read the rest of the questions and references at home.

Close with a recitation of the Ten Commandments.

CHILDREN:

As the leader, pick three of the 19 questions in the study guide. Have a child read the references after you read the questions aloud. Answer any questions.

Using a map (usually contained in most Bibles) trace the route of wandering in the wilderness.

Make a scrambled version of the Ten Commandments and have the children arrange them in order. Give each child a copy of the Ten Commandments to memorize before the next class.

Close with a recitation of the Ten Commandments.

CHAPTER FOUR: "LISTEN TO HIM"

LEADER:

Before this chapter, read:

- Numbers 20:2-13, 27:12-23
- Deuteronomy 31, 34
- Joshua 3
- The *Catechism of the Catholic Church* article numbers 62-64

THE LESSON:

Introduce the video by having a participant read aloud Deuteronomy 31:30-32:3. Then start the video.

KEY IDEAS:

We see the succession of the hierarchy with Joshua taking the place of Moses.

Jesus is the new Moses, leading us from the bondage of sin to the promised land of Paradise.

The prefiguring of Christian sacraments and the life of Jesus are part of God's revelation to us in Sacred Scripture.

ADULTS:

As the leader, pick five of the 12 questions in the study guide. Discuss these, having different participants read the questions and the references from the Bible and the CCC aloud.

Using a map (usually contained in most Bibles) trace the route of the Hebrews from the wilderness to the Promised Land.

Instruct the participants to read the rest of the questions and references at home.

Close with a recitation of the *Nicene Creed*.

CHILDREN:

As the leader, pick three of the 12 questions in the study guide. Have a child read the references after you read the questions aloud. Answer any questions.

Using a map (usually contained in most Bibles) trace the route of the Hebrews from the wilderness to the Promised Land.

Each child should know the Ten Commandments now. Have them draw the tablets with the commandments written in order.

Close with a recitation of the *Nicene Creed*.