What Translation of the Bible Should I Use? Understanding Translations

By Steve Ray

No translation is perfect. Translating ancient and foreign languages into English is not as easy as it would seem. There are ambiguities and linguistic hurdles.

Picture a sliding scale from left to right. Every translation fits somewhere along that scale. At one end of the scale literal translations and on the other extreme are dynamic translations.

Literal translations relay the actual words used in the original language without being overly concerned with ease of reading or conveying the authors’ meaning. Emphasis: what did the original author say word-for-word verbatim.

Dynamic translations try to relay the authors’ meaning without being overly literal—they express what the author means, not what he said. Emphasis: what does the author mean without concern for using their actual words.

Here is a good example. A man speaking English says, “I shot myself in the foot.” What did he mean? For those who understand English “figures of speech” will know he was saying he made fool of himself or did something stupid. For a non-English speaker, they will look down at your foot and ask, “Is your foot OK?”

If you are translated the English into Russian literally you will render it “I shot myself in the foot.” But if you do, the Russian gets the completely wrong message They think we are talking about a medical condition.

But if you want the Russian to understand the meaning of the author’s text you will not use the literal words but translate it to something like, “I did something stupid and made a fool of myself.”

With our example, the first is literal and the second is dynamic. The first emphasizes what the author says, the second what the author means. All translations fit somewhere in between.
So what Translations should we use? For Catholics I recommend reading the Revised Standard Bible - Catholic Edition (RSV) for the literal and the New American Bible (NAB) for the dynamic translation. It is best to read several translations side-by-side to get a much broader spectrum of the biblical passage.

Want the best? Check out the Didache Bible published by Ignatius Press. I have purchased many of them to give to friends and priest. You can learn about it here.

Many suggested I include the Douay-Rheims translation. I don't use this much myself because it a translation of a translation and using old manuscripts and language. It is like translating Russian into Spanish and then Spanish into English -- a hundred years ago. I use it sometimes for its strong Catholic emphasis in certain passages.

Again, as I said, it is best to read many translations side-by-side and for a strong Catholic emphasis, the Douay-Rheims is a good version to have in your stack. Another might be the English translation of the Greek Septuagint which was the Bible of the early Church.

The chart shows many translations, most of which are Protestant translations - but gives you the idea. The RSV is on the left end of the chart whereas the NAB is under the "thought-for-thought category. A paraphrase is not really a translation but the far extreme of the dynamic where the translator puts things in his own words often with biases and personal opinions.
If you want the best-of-the-best check out the Verbum Catholic Bible Software that allows you to compare many translations side-by-side and to instantly access the original languages with English explanations. Nothing else like it.